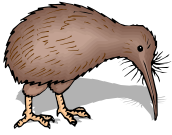


Group News



New Zealand

KAPITI

"The Kapiti Coast Group in New Zealand continues happily with monthly services at our home and members keeping in touch with one another during the intervening weeks. We have a daily healing list as well as at the services and two of our members meet weekly whenever possible to do their lone healing lists together. The group has been studying White Eagle's Meditation Course and readings from "Seeking Serenity" for the last six months. As well as sending out of the Light in the main part of the service, we also join hands to send the Light to specific places in the world at the end. It is a lovely way to end the service and with the gentle music we have, the atmosphere is always calm and loving, and leaves us all with a sense of peacefulness and gratitude.

Recently we have completed a central pergola in the garden of our home, which is in the shape of a cross within the circle, and a six-pointed star with an amethyst

coloured crystal at the centre. The first time I used it for my lone healing, the birds in the adjoining bush were singing and I felt a beautiful peace and at one with nature. I occupied one of the four chairs in the pergola, but I felt sure the other chairs were also occupied and during the service I "saw" an angel in a lovely gentle green, with a golden glow at the heart centre. This was such a lovely gift on this first occasion.

We have recently lost one member of our group who has relocated further north, but are pleased to have gained a lovely new member from a local U3A group (University of the 3rd Age) called "Gratitude's the Attitude" which incorporated some of the ancient wisdom. So our numbers keep steady, and we occasionally have interested folk coming to see if our teaching is for them, so we are sure that, at one step at a time, we shall grow. Our average number is six attending the services.



To make contact with the rest of the membership we have our own little Newsletter which we send out to all New Zealand members twice yearly, and encourage readers to send in poems or vegetarian recipes, thoughts, items of interest, etc. The next one is due before Christmas.

We look forward to our service in December, which is always a very joyful one, after which we will have a lunch together to celebrate Christmas and exchange gifts. We all bring one wrapped gift and have a "lucky dip" and last year we had two of our members sing a Christmas carol together in harmony, which was a special treat.



We send our loving greetings to all dear friends in Australia and New Zealand for the Christ Mass and wish you many blessings for the year to come, both personally and in your work for the Lodge."

Jean White

HAMILTON

I plan to start a Meditation Group in February, 2010. The first meeting will be an introductory one which will include a Meditation session, time for discussion about the format and try to answer any queries that might arise. I will also find out which day and time is best suited to most for future meetings and end with a shared lunch. How does that sound? Thank you Gay dear for this help too! You are an Angel!

It will be held at my home: 5a, Waterford Road, Fitzroy, Hamilton, starting on Saturday, 2 February, 2010. Anyone interested to know more may ring me on (07) 843 8395 or contact me via e-mail at: fan.tum@xtra.co.nz

Beth Measures

WANGANUI

The Wanganui White Eagle Group of New Zealand sends Christmas greetings to all our Brothers and Sisters worldwide, Love, Peace, and a very Joyful New Year.

Vicky Weston

HAVELOCK

Due to various circumstances we are unable to meet on a regular basis but we meet on a Thursday evening when it is possible. Have a very peaceful and blessed Christmas. Sarah Tait-Jamieson

AUSTRALIA

PERTH

We here in Perth W.A. send all the Joy and Love of Christmas to our White Eagle Brothers and to all Humanity, this time each year is so special, the rebirth of the Christ Light into every heart. I was reminded recently of my Dear Sister who called her walking stick Jesus, explaining with great respect and reverence who better to lean on. Christmas Blessings from the Perth Group
XXX Janet Robey
janet_robey@hotmail.com

BALLARAT

We really are so close to the end of another year aren't we. This year has brought Lesley and I together to form the Ballarat White Eagle Group. We are still fledglings, but we both find the group inspiring and uplifting. I am reminded of the beautiful prayer of St Francis which says "It is in giving that we receive....." I have been so blessed by my interaction with other group members both within our group, and also by those dear ones met at the "Stillness Within" retreat in June with Wendy Davis, many of whom I am still in contact with. It is always so healing to be in the

Retreat Centre and Temple, and I look forward to returning in the New Year.

We have been alternating our meetings between Lesley's and my home and our little group is hoping to have a permanent home early next year when our neighbourhood house moves to its own premises, and to align the dates and times of our meetings with those happening at the Temple in Maleny.

We move forward in faith, as White Eagle says: "Faith is to know that God is within you. If you know this, faith is always yours."

From Lesley and myself, love and blessings to all the dear White Eagle members around the world.

Pam Adams

NOWRA

We have recently opened our home and hearts to those in the Nowra Area wishing to enjoy readings, meditations and discussions on White Eagle. It is lovely to share around the table a talk on living the pathway of White Eagle, and how to incorporate into our daily lives his teachings and how to approach all that we are challenged with. Each person shares their experiences and tells how they have found the way to journey through with the famous 'Keep on Keeping on'.

At present we meet once a month for a short reading from one of the many White Eagle books, followed by a meditation and prayer. After we gather around the kitchen table for a cup of tea and we input ideas on how we can yet bring more into our meetings that will benefit all of us as a group.

We are finding our feet slowly and openly welcome all who would love to come and join us, at present there are 3 beautiful people who attend along with Terry and myself. We are open to ideas and ways to make the meeting as beautiful and as inspiring for each who attends. We have a lot of laughs also and find the time goes all too quickly.

My prayer for the world this Christmas, is that more of the light from the Christ Star will penetrate the hearts of people and bring peace where there is unrest, joy where there is sorrow and love to all who are in need.

Astara Green.

MELBOURNE

A very warm hello to everyone from the Melbourne Lodge. We have had a very full year, with a new Service being included on the 3rd Sunday of the month, on the Mornington Peninsula. The Mornington Group is growing rapidly, and

Val, one of the ladies, will be starting a group in Dromana in the New Year, I started another meeting in Carrum, fortnightly on Wed. evenings. The Mt Waverley Group is going really well and more people are coming along to Bev's group this year, with Norma and Hilary sharing the work there, too. Werribee is on hold for the moment, but will hopefully be starting up again next year, in that area.

Beverly is stepping down as Treasurer of Melbourne Lodge, to have a well earned rest, and Val King has accepted the position. We thank Bev for the wonderful work she has done in this area for us, and we are very happy that she can continue to be the keeper of our Brotherhood Chapel, and also share the running of the Mt. Waverley Group. A big thank you, Bev, from all of us here in Melbourne.

We also had a visit from Lancia Hutchinson from N.S.W., for a day of "Dancing with the Angels", which was wonderful. Everyone enjoyed themselves.

Mind, Body, Spirit Festival is upon us at the moment, (Nov. 20,21,22,) and hopefully it will be a meeting of many Loving, Caring & Compassionate people who are truly interested in helping to bring Healing, Peace, and Harmony to

Humanity, and our Mother Earth. We also have a stand at the Interfaith Festival in Mornington on Sunday 22 Nov, so we also have a group of people to be there for W.E. Lodge. All very exciting !!

On December 20th. we are having a Christmas Carols Service at Mornington, (after our usual 10.30am Healing Service), with a share lunch to follow. Please bring a plate of Christmas Fare to share. Refreshments provided. (11.20 am to 1.30 pm.) The groups will all merge together for one Service.

We wish you all, A Joyful Christmas Season, with much love from everyone at The Melbourne Star Centre.

Jillian Rhodes- Co-Leader



LAUNCESTON

The Launceston White Eagle meetings continue to be held on the third Thursday of the month and all are warmly welcomed. There is of course, no cost for these. However, our regulars

have been offering a gold coin donation so that we can start to build a library of White Eagle's teachings for all to borrow and receive comfort and guidance.

It is truly a privilege to be able to meet in the name of White Eagle. As we discuss his profound teachings and allow them to resonate within our heart centre, we do feel this gentle energy calm our troubled minds and soothe the daily stress away. I particularly love the White Eagle prayer for Humanity as we connect together as a group with the sole intent to connect with the Christ Star and send our love and healing to Mother earth and all who dwell upon her. It is a very powerful and humbling experience.

From all of us at the Launceston group we wish you peace and every joy for Christ-mass.

Susan Neighbour

CANBERRA

Merry Christmas and Season's Greetings to everyone from Canberra, and Best Wishes for a Happy and Safe and Healthy New Year for 2010.

We have had an interesting and challenging year here, starting off with White Eagle group meetings in January, February and March. I also managed to fit in facilitating a weekend "Laughter Retreat" at Maleny in early February. The

retreaters and I had a lot of fun, and much laughter ensued with the numerous games that we played, and letting our Inner child out to play was very enjoyable.



The Canberra group then went into recess for three months, from March to June when I travelled overseas, where I visited White Eagle Lodges in Glasgow, Newlands and London. The group resumed in June on my return, and since then we have had one meeting in July, and two meetings in August.

September brought another unplanned recess period for the group for five weeks as I underwent surgery for breast cancer, the shock and disbelief being profound and life changing. We recommenced the group again in October, and there will be more group meetings in November and December, as well as a discussion group in November, and a



"Lunch and Laughter" day in December.

We will meet monthly in 2010 from January again, and I plan to include an extra evening group in 2010, as well as the usual afternoon group. So it's been a very eventful year, where we have had to be flexible and "go with the flow" as White Eagle would say, and "keep on keeping on."

I sincerely thank all the members of the Canberra WEL group and the local WEL members and friends, for their love, support, prayers, understanding and healing this year, and also to the wider Australasian White Eagle Lodge family for their love and light and healing that has been sent to me from so many wonderful people, for my rapid and complete recovery. I have been receiving all your little pink hearts of love and healing, and I thank you all so very much, with deep gratitude and love.

Merry Christmas and may God's Love and Blessings be with you all.

Hilda Hepburn.

ADELAIDE

The S.A. Group have met 6 times this year, we have changed the day to a Saturday, enabling those who work during the week to attend, and although 4-5 of us travel quite long distances, the

attendance has been fairly regular, the first meeting in the new year will be at Victor Harbor on January 16th at 11:30 am. Blessings to all and may the Christmas time be filled with Joy and Peace.

Christine Edwards.

BUXTON

We continue to meet each Wednesday morning (7 1/2 years now) to do an absent healing list, share morning tea and news, and then we do a reading and meditation session which closes at noon with the sending out of the light.

There are 5 of us and we have become a close knit group, travelling together this road of service and growth under the star.

Another member was recently initiated as a Star Brother and we are all so joyful that this has happened. However, there is no undue influence or pressure ever exerted to make anyone feel they have to take this step. All unfolds gently, in the right time and it is so good to know this, so confirming and supporting of the role of each of us in this work.

The group goes quietly on week by week. All seem happy with this method, knowing we are part of that greater structure here and

in spirit and feeling blessed by this knowledge.

We wish everyone in the Lodge a most joyous uplifting and peaceful Christ-Mass and year to come.

Wendy Davis

BRISBANE

Wow what a great year the Brisbane group has had! The Mind, Body Spirit Festival was a lot of fun and we have doubled in numbers because of it.

The three, 'day workshops' were a great success especially Jeremy Hayward's from New Lands called 'White Eagle and the Tao'. It was a full house and such a blessing to have Jeremy and everyone who attended the magical and very special day.

We would like to thank everyone who turns up week in week out to our Windsor group. To those wonderful people who help us to clean and beautify the hall, which help to set up and pack up each week and most importantly for enabling the Brisbane group to be possible, by coming and sharing your stories, joy, wisdom and love.

We begin our Christmas break December 16th so for anyone old and new who will be around on that date it would be lovely if you popped in and joined us for our last meeting and Christmas party for 2009. If you can attend it

would be lovely if you could bring a plate of food to share.

Have a great Christ-mass to everyone reading the Peace of the Valley Newsletter and I hope you like my next years motto:-
'Here's to 2010 and life's full of friends'.

Tracey Rhodes

SYDNEY

2009 has been a year of consolidation for the Sydney White Eagle Group as we've had steady attendance of around 15 people at each service and explored a number of different themes over the year. Several members of our group actively contribute to the services and this benefits every one of us as we constantly share and learn from each other.

As a facilitator of the group, it has been an absolute joy to see our dear committed people progress along their spiritual path and develop their inner knowing and spiritual confidence.

A highlight was our presence at the November Mind Body Spirit festival where we sold a number of books and also had requests from 41 people for information about our group. I am confident that we will have new faces attending our services next year which is very exciting.

Next year our group will be meeting on the 3rd Sunday each month. There is the possibility that we may relocate to a different venue, but we will still be meeting in the city and near transport. (I will send out a separate letter to confirm the dates and location prior to Christmas.) Many people will know that I relocated to Brisbane earlier this year. In 2010 there will be shared facilitation of the services, still with myself as the co-ordinator; this is another sign that the Sydney Group is going from strength to strength. I'd like to thank all of the Sydney members for their support and contributions throughout the year, and in particular Robin who collects the equipment from storage every month. On behalf of the Sydney Group I'd like to wish everyone a loving, safe and blessed Christmas and New Year, filled with light, love and joy.

With loving light

Dianne Ball

