



Peace of the Valley

“Willomee”



(Floral Arrangement Main Altar at the Temple in Maleny)

Dear Friend



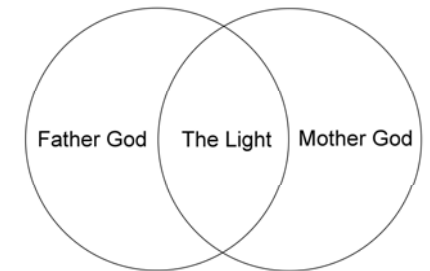
May the joy and peace of the Christmas be with you and yours always.

Welcome to the Christmas edition of ‘Peace of the Valley.’ We do hope that through the words and the very paper, as you read the newsletter, you feel the warmth and love of your spiritual family enfold you at this very special time of year.

All over the world people will be preparing for this celebration. The buying of presents for loved ones, preparing a sumptuous meal but most importantly organising to be with loved ones and friends. Christmas draws people together! Even during war – it is common knowledge that during the war the fighting ceased and enemies walked towards each other in friendship and at the close of day returned to their trenches to take up their arms.

On a spiritual level we link heart to heart with like-minded people both incarnate and discarnate. Again the Christmas essence is drawing people together.

And if, during our very busy outer celebrations, we can for a short period put aside the outer-world and withdraw into that inner place of stillness, we would link heart to heart with our ‘Heavenly’ Family our Father Mother God and Christ the Son, the trinity of Wisdom, Love and Power. Christ, the Light, the love created when Father God and Mother God united. This is so beautifully symbolised in the story of the birth of Jesus and the nativity scene on the physical level. Another powerful symbol depicting the Trinity is:



Perhaps in your quiet time during the Christmas season you may like to meditate on this symbolism or that of the Nativity and feel the union of the male & female energies within you blending and balancing so that you are aware of the strength and power of your inner Christ Light. It is this inner Christ light that we are endeavouring to

stimulate in humanity when at the magical hours of 3,6,9, and 12 we send forth the Light of the Star. In the healing work both Absent and Contact, it is this inner Christ Light that the Angels of Healing are stimulating or bringing peace so that the soul of the patient heals itself.

And it is this inner flame that was so alive, so brilliant in Jesus of Nazareth that The Christ was able to flood his being and so flood the world with Light.

There is much talk and speculation about the Mayan calendar ending in 2012 and predictions of world wide devastation etc. Nobody knows what the future holds. Perhaps Mother Earth will yawn and stretch as she has done for millions of years. So what can we do about it? **We can be the best person we can be.** We can be diligent in sending out the Light at the magical hours (write to us for a brochure if you don't already have one). We can work on our inner light so that our heart-light shines as a beacon on a dark night. We can love our neighbour. We can hold Mother Earth in the Light of the Star so that any transition she has to make is gentle. What we don't need to

do is to lock into the fear which is being portrayed by the media and others.

So dear ones, I urge you this Christmas and New Year to make time to turn within to your inner flame of Light and Love and be the person you want to be.

At New Lands they have a banner which says:

"Be the change you would like to see in the world."

The Buddha said: "It is your mind that creates this world."

In White Eagle's teachings he often refers to the mind in the heart. We need to use our mind positively and with a loving heart, to act always from that balanced space of heart and mind - a loving heart and a wise mind.

May you and yours be richly blessed now and always.

With great love

Horis Lyn Gay

Temple Open for Silent
Meditation from 11.30 p.m.
Christmas Eve.
All Welcome

Welcome to
New
Members



A very warm and sincere welcome to:-

Sue Cato; June Duggan;
Juliette Kirkwood; Jean Paul
Lenoble; Miranda Roberts;
Patricia Rogers; Allan & Heather
Swift and Ross Thompson.



Stamps

Many thanks to all who send in used stamps. People in Europe just can't get enough of them and the last batch sent to the dedicated person who sells them on our behalf raised 110.50 pounds which equates to approximately \$230. Please keep sending the used stamps.

If you endeavour to raise the Christ within you, you help to raise all mankind. You cannot make one effort towards heaven without the whole of the world, even the very earth itself, being the better for it. See the responsibility that lies with you, brethren! What a glorious opportunity is yours! Don't allow the darkness of earth to deny you your birthright of freedom and happiness, of service and worship. Peace be with you; peace, and a great joy. Quiet Mind P 53

The Story of the Birth

"Throughout the ages the Story of the Birth has endured. It is a cosmic truth, a cosmic event which is continually being repeated for the blessing of mankind. It is also a simple story with both an esoteric and an exoteric meaning and the Christmas Festival is also symbolic of the unconquerable spirit of the Living Christ in man. As Christmas draws near the great love of the Christ Spirit draws closer and closer and there is the stimulation in the hearts of most people towards giving. You give presents; you give good wishes, your whole heart opens and you desire to send forth good-will. Do you think that this comes about only from man's desire to be happy? People are not sufficiently aware of how much they owe to the spiritual forces working behind the scenes to stimulate this good-will, this light, this Christ love in their heart.

White Eagle"



Thank you

Helen Thomson

Helen has been a member of the Lodge since the late 1980's. Throughout that time we have shared in many aspects of her life -the excitement of the birth of her children and watching them grow into adulthood, the sudden death of her beloved Mum and much more. Helen had been a volunteer at the Lodge for most of that time coming almost every day. She would set the children up in the Meeting Room with fun things to do. Then in the last couple of years through a grant from the Mother Lodge we were able to employ Helen 1 day a week. She has given the Lodge SO much and yet when we comment on that her answer is always 'the Lodge has given me more'. She is always bubbling with life and a joy to work with. Sadly for us, Helen, through her life circumstances, has had to find full time work. So Helen dear, we say THANK YOU for all you have given to the Lodge and to each one of us personally and as a family. We so value you as a person. Good luck with your new work.



Thank you Beverly Lewis

Bev Lewis from Melbourne has opened her home and her heart to the work of the Lodge in Victoria. Regular meetings have been held in Bev's home for many years and she has also held the position of Treasurer. Bev is retiring at the end of this year from this position but still wants the meetings to continue in her home. Thank you Bev for your dedication and work.

Love and Light, this is your gift – the gift which has been given to you, to you individually, a precious jewel in your heart. This is your Christmas gift, and as you share that gift by sending out love and tenderness and healing light and love to the needy in the world, so you will receive in full measure your Christmas gift from Him/Her.

Peace be with you, dear brethren. Be happy. Do your work easily and peacefully, but keep on keeping on.

White Eagle Stella Polaris 1992

The 4th in our Series - "Lessons"

"The Obstacle in our Path"
Fourth important lesson. The obstacle in our path

In ancient times, a King had a boulder placed on a roadway. Then he hid and watched to see if anyone would remove the huge rock. Some of the king's wealthiest merchants and courtiers came by and simply walked around it. Many loudly blamed the King for not keeping the roads clear, but none did anything about getting the stone out of the way.

Then a peasant came along carrying a load of vegetables. Upon approaching the boulder, the peasant laid down his burden and tried to move the stone to the side of the road. After much pushing and straining, he finally succeeded. After the peasant picked up his load of vegetables, he noticed a purse lying in the road where the boulder had been. The purse contained many gold coins and a note from the King indicating that the gold was for the person who removed the boulder from the roadway. The peasant learned what many of us never understand!

Every obstacle presents an opportunity to improve our condition.

Two friends were walking through the desert. During some point of the journey, they had an argument; and one friend slapped the other in the face.

The one who got slapped was hurt, but without saying anything wrote in the sand, 'Today my best friend slapped me in the face.'

They kept on walking until they found an oasis where they decided to take a bath. The one who had been slapped got stuck in the mire and started drowning, but the friend saved him. After he recovered from the near drowning, he wrote on a stone, 'Today my best friend saved my life.'

The friend who had slapped and saved his best friend asked him 'After I hurt you, you wrote it down in sand and now you write it on stone, why?' The friend replied 'When someone hurts us we should write it down in sand where winds of forgiveness can erase it away, but, when someone does something good for us, we must engrave it in stone where no wind can ever erase it.'

Learn to write your hurts in the sand and to carve your benefits in stone.



Christmas Message

In the ancient days, we all worshipped and adored the birth of the Sun, for we were Sun Worshipers; the Brotherhood all awaited with reverent spirit, the renewed baptism of the Holy Spirit, the spiritual power of the Sun. With the advent of the Christian era the beautiful human story was found and re-told for this age. We emphasise, however, the vital truth that at the winter solstice, at Christmas time, a great spiritual stimulation comes to mankind. There is a stimulation of life forces in the earth, in man's body and mind, and above all, in his spirit. This finds expression in the desire to give material and spiritual gifts, and to lay aside differences of opinion and celebrate this holy and glorious festival in a spirit of goodwill.

So may the Star at this time of the year inspire you more than ever to think with love of all your brethren, even so-called enemies, for all are your

brethren, and to send forth the light of the Star with simplicity and love, not with any kind of self-satisfaction that you know more or are better than your brethren, but because you love them.

If we would help the world onward and upward towards realisation of its true sonship, of its Christhood, we must love all our brethren, love the Christ in them, love all creation.

The Star shines in the heavens, and the company of heaven is now singing the message of peace. Hear the angels singing... You can hear them if you will. Open the hearing of your heart and the harmonies of the heavenly spheres will be heard. Look up! Beloved children, and see the light of the Beloved Son of God shining through the mists; the clouds disperse, and in that wider vision are to be seen the faces of all those you love and have loved. The heavens are opening, the angels bend to earth and the hearts of men are quickened by the light of love ...of the Sun. Truly we can say to you, peace on earth, goodwill unto all.

White Eagle
Stella Polaris 1992 P32



PLANETARY HEALING AND MEDITATIONS: SATURN – “STEADY AND STRONG, STEADY AND STRONG.”

Just before Christmas the Sun moves into Capricorn on Dec 22nd and so the Full and New Moons in the following 2 months will be strongly influenced by Saturn as it *rules* both the dynamic Earth sign of Capricorn, and the next, the very “Fixed” sign of Aquarius. They are very determined signs. Adding to this Saturnian emphasis are two eclipses (neither visible Down-Under), part of a repetitive pattern of eight eclipses between Capricorn and Cancer (in 2009-11). Eclipses are seen as influential, both *before* and *after* the event, for weeks, or even months, longer than the usually fleeting Moon phases. Such power means they may not suit some as a time for meditation lest we become “emotionally overloaded” (TM, ASD, 65). This heightened energy can be utilised by being involved with more traditional (Saturn) forms of worship, such as the many Christmas events. A focus on ones' family is a very useful way to access these energies of Saturn (together with the Sun as it is in Capricorn) and Moon. Naturally, this reminds us of the nativity scene, with a protective Father, the tender Mother, and new born Christ Child.

The strength of a positive Saturn is enormously helpful. Ylana Hayward told me how before taking some services, Minesta (Grace Cooke) was sometimes a bit nervous, and her husband, Ivan would hold her hands

and quietly say: “*Steady and strong, steady and strong.*” This is a beautiful example of the best of Saturn, and we can use this phrase ourselves when we feel “overloaded.”

Instead of meditating under eclipses some may find this to be a good time to use such affirmations, prayers for world healing, and/or set yourself tasks that are more “grounded,” perhaps finishing uncompleted duties (Saturn) in house or garden (Moon).

For the Planetary Angels, perhaps the series of eclipses emphasising the Saturn-Moon polarity of Cancer and Capricorn, is part of a divine plan making these celestial energies available for healing our planet and the world of nature. They emphasise wise action, and hopefully the many Govt. plans to control massive pollution and nurture our planet will be guided by the Angels. It is as if Divine Mother is urging us (her children) to tidy up our rooms and to be grateful for our nourishing food.

We can help the angels by consciously attuning ourselves to their vibrations. Our prayers can be useful in bringing this Angelic energy into the human vibration so we can help them to radiate it out to all living beings. On the higher levels the Angels of Saturn and the Moon are very concerned with creating FORM, and play a vital role in the delicately forming human body of infants, who are so vulnerable to pollutants. As Joan Hodgson says “the Moon symbolises the soul of mankind, and the task of the angels of Saturn is to shape and mould the soul temple into the perfect balance ... symbolised by the cube.” (ASS, 29 & 177).

Saturn often gets a bad press, turned into a source of fear in some textbooks, due to its disciplining influence. But would a sports star achieve a gold medal without a strict coach and much discipline? It also rules the scientist who might work for 20 years to prove a new cure for some disabling disease, and get the Nobel Prize in their late career. As in these cases, Saturn is a potential friend to us all. It truly digs deep to extract the small specks of pure gold. Spiritually this represents a soul lesson well learnt. When fully absorbed, some of Saturn's lessons can prove to be valued times of your life.

Saturn is essential for human life in physical form ruling boundaries and all structures (physical and social). This includes our skin, and to some extent even the aura, which protects us from "infection." It also rules the bones, so try to remove Saturn and you'll fall over like jelly! No use to anyone!

Saturn is often called a "karmic" planet, and while it does represent that principle of higher justice, the *whole horoscope* (of all 10 "Planets," etc.) also represents your "karma" showing your *whole* life potential. In a horoscope, it is *other* planets that represent vital areas of "karma" e.g. your mother, siblings, lover and children! This shows the limits of the view of Saturn alone as "Lord of Karma" (as some call it).

Strive to accept what comes, and be filled, and feel the *positive* side of Saturn, it does not just mean hard work, but gives you the ENDURANCE enabling you to accomplish your soul tasks thoroughly. So try to think of Saturn as your "life coach" to help you

win a gold medal. I can imagine White Eagle might say, the Angels of the Moon work *with* those of Saturn to build your "Soul Temple" on solid foundations.

MEDITATIONS: Joan Hodgson also notes that Saturn is very closely linked to the Fourth Ray, and harmony, beauty, and green, such as the green of the countryside. So even with the powerful eclipse energies, these images are easy to contemplate in a peaceful way. She reminds us, that if we calm ourselves and recall Jesus saying to the storm "Peace, be still!" we can "find the place of silence" (ASS 177 and 150) and from there *will the will of God*. Think of the strength of the trees and the peace of the woods, let this peace enfold you and visualise the Healing Angels radiating the Christ Light of Christmas over the whole Earth.

AFFIRMATIONS: To draw on these Moon-Saturn energies: *I am Divine Peace; I have the strength to endure all my burdens; I have the patience to complete my tasks; I nurture myself, my family, and my friends.*

PRAYERS: Chose those which focus on issues to do with Divine Mother such as nurturing children and the sick and the "Global Home" our cradle, so pray for the purification of the beautiful natural world, healing for animals, and plants. With creative thought hold the whole planet in the tender light of Divine Mother, and behind her, the protective power of the Father principle, here you could pray for heads of government or other administrators and for wise and compassionate action.

SATURN and MOON ACTIVITIES: The Moon indicates habits, so this time is a chance to use the *will* of Saturn to rework old (bad) habits into new forms. Chose things which emphasise being practical *and* nurturing, and which may involve some work with family members, including the elderly: e.g. learn more about diet, cooking, and nutrition. The discipline of Saturn may be good for fitness such as trying Yoga, or working in neighbourhood groups on projects such as bush regeneration or recycling. Which crystals, gems, etc., to use for planets and signs is a source of dispute, but I love Quartz and some books list it for both planets, and it is easy to get. Moonstone goes with Cancer, as does Pearl (or use mother of pearl), Opal, and Silver (like a Full Moon). For Capricorn and Saturn: Red Garnet, Onyx and Diamond.

Key dates in Aust. and N.Z. (AEST) –

Sun into Capricorn 22nd Dec about 5 a.m. –

- Full Moon (in Cancer, a partial **Lunar Eclipse**) about 5.10 a.m. on 1st Jan.
- New Moon (an Annular **Solar Eclipse**) at 5 p.m. on 15th Jan.

Astrology books cited: ASS = Joan Hodgson, *Astrology the Sacred Science*; ASD = Tracy Marks, *Astrology of Self-Discovery*. For crystals see Judy Hall, *Crystal Zodiac*, & others.

Antony Howe.



We would like to take the opportunity to thank the team of volunteers who help to run and maintain your centre here at the Temple and allow the work of the Lodge to continue.

Joan Rasmussen, Barry & Marleen Peters, Christine Bryan, Val Thorburn, Carol Hawkins, Dianne Ball, Isabel Ogilvy, Roslyn Trevillian, Tony Carr, Jan Wood, Helen Thomson, Mary Newton, June Young, Helena Wilson, Roy Bint, Norma Bleakley, Sandra Tuesley, Edie Trotter, Tracey Rhodes, Christina Hanley, Cristina Pecetta, Sonia Robson, Wendy Davis, Jeremy Hayward, Gene Dixon, Jillian Rhodes, Robert Peters, Lancia Hutchinson and John Corbett.

For all your kind thoughts and good wishes right throughout the year, we thank you, for without your loving support we would find it hard to function. As you give so you receive so our love flows back to you.

Membership Renewal

Membership to the Lodge for 2010 is now due.

The fees are:-

Family & Couple	\$40
Single	\$35
Pensioner	\$25

We so appreciate you supporting the Lodge through membership. It contributes to the running of the Lodge in Australasia and in turn helps so many souls who are searching for a way of life, a path of spiritual unfoldment.

ZODIAC ANGEL CALENDARS:

PLEASE NOTE:

We would like to apologise for the error on the September page of the Zodiac Angel Calendar. The key words for Virgo energy should read: **CAREFUL, PRECISE, CONSCIENTIOUS**

On Christmas Day you may be with your family and friends or alone in the physical sense (but never alone on the inner planes as the hosts of Angels, the Elder Brethren and your spirit family gather around)

Whether you are celebrating with family and friends or you are alone on Christmas Day, do remember at 12 noon to go into the silence and there in the silence of your heart give thanks to God our Father/Mother for the gift of light and love. And from that flame of love within your heart send forth the Light to all Humanity, to the Nature Kingdom and to our beautiful planet. Your spiritual family here at the Temple will be linking with you on the inner planes. And together, heart to heart, hand in hand we will walk forward into the New Year with renewed energy and determination to make this world a better place by sending out the Light.

God bless you all. Many, many blessings.

Merry Christmas



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